# \*\* FRIENDS OF SINGA (FOS) 4\*\*

Since 1990, the Friends of Singa (FOS) programme has empowered students to lead kindness campaigns in their schools through a 5-month journey of identifying real issues, designing meaningful solutions, and inspiring positive change. By taking ownership from concept to completion, students not only learn to plan, implement, and evaluate their initiatives, but also fulfil their Values-in-Action (VIA) hours in a purposeful way. Participating schools are recognised for their commitment to building a kinder nation, with awards for sustained participation. Through FOS, we believe every student can be a catalyst for kindness, creating a ripple effect that grows within schools and beyond.





### flow of Friends of Singa (FOS) Programme

1 FOS Registration

2 - 31 January 2026



Register for the FOS programme here.

2 Teachers' Briefing

13 January 2026, 3pm to 4pm 21 January 2026, 4pm to 5pm

Teachers are encouraged to attend a briefing session online (1 hour).

You may sign up for the briefing on our website! https://fos.kindness.sg/

### 3 Students' Workshop

Students will learn that kindness involves both caring for others and taking meaningful action, students will explore the SINGA framework (Start with kindness, In their shoes, Now we brainstorm, Gather your thoughts, Appreciate others) to design kindness projects and create personal commitment statements outlining daily kindness practices they will implement beyond the classroom.

This year, we are bringing the workshops closer to your schools! Selected schools from each cluster, North, South, East, West and Central will host these sessions, creating a convenient local setting.

## FRIENDS OF SINGA (FOS)



4 Proposal Submission

#### By 31 March 2026

Participating schools must submit one FOS proposal focusing on one of the kindness pillars:

Cyber Kindness
Neighbourliness
Inclusivity
Multiculturalism/Racial Harmony

5 Campaign Implementation

April - August 2026

6 Report and Claims Submission

By 29 August 2026

## 7 FOS Award Ceremony

### **November 2026 to January 2027**

All participating students, teachers, and schools will be recognised at the FOS Ceremony 2027. Your school's kindness project(s) will also be featured in the programme booklet, which will be sent to your school before January 2027. In addition, participating schools will host their own FOS Award Ceremony in January to celebrate a culture of kindness and inspire more students to take part!

## Be a Friend of Singa!







### **Questions or Feedback?**

# FULLY FUNDED FOR ALL 2026 FOS SCHOOLS

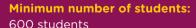
# Fostering Understanding for Racial Harmony

Let's spark real conversations and reflection through the art of theatre.

### Sypnosis:

The Colours We Share – Three children from different racial backgrounds in Singapore who, through misunderstandings on Racial Harmony Day, discover that their cultural differences connect rather than divide them.





#### Cost:

\$2,465 (If you participate in FOS 2026, the cost will be fully funded by SKM)



The Morning Greeters, part of SKM's Kindred Spirit Circle, are a group of runners in Singapore who jog through parks every Sunday to spread kindness by greeting strangers with cheerful "good mornings".

Perfect for encouraging everyday kindness in school, students will leave inspired to build a more connected and caring environment, one greeting at a time. This programme shows how small, friendly actions can make a big difference.





Minimum number of students: 300 students

### **Timeslot:**

30 minutes

# FULLY FUNDED FOR ALL 2026 FOS SCHOOLS

## Empowering Inclusion with Little Mighty Warriors

Little Mighty Warriors, part of SKM's Kindred Sprit Circle, is a ground up movement led by Joshua Khoo. Born with Achondroplasia, Joshua shares his personal journey to help students understand that no one is too small to make a big difference.

Through lively storytelling and relatable scenarios, students will be encouraged to become everyday heroes by embracing inclusivity, empathy, and courage. This programme reminds students that even the smallest act of inclusion can help someone feel seen, supported, and valued.



### Perfect tie-in with Friends of Singa!

If your students are taking part in this year's Friends of Singa (FOS), which we hope all of you are, these talks are a great way to spark ideas and kickstart conversations around their FOS kindness projects, especially for projects focused on school culture, peer support, or inclusion.



Scan the QR code to register for FOS 2026 now!

For further enquiries, please contact us at primary@kindness.sg.

### Please note:

A minimum of one month's notice is required to book our shows, and slots are limited so be sure to secure your booking early!

